

OC Low Cost Mental Health Resources

Organization	Services	Telephone	Address	Hours of Operation
Didi Hirsch Mental Health Services	Survivors after suicide bereavement groups	(714) 547-0885	2000 East 4th Street Suite 110 Santa Ana, CA 92705	Monday – Friday: 9 a.m. – 5 p.m.
Mentally Ill Multi-Service Center	Support services, housing and SSI benefits assistance, and substance abuse counseling	(714) 668-1530	2416 S. Main St. Santa Ana, CA 92707	Monday – Sunday: 6 a.m. – 4 p.m.
NAMI Orange County	Support, education and resources for families and those affected by mental illness	(714) 544-8488	1810 East 17th Street Santa Ana, CA 92705	Monday – Friday: 9 a.m. – 5 p.m.
Orange County Asian and Pacific Islander Community Alliance (OCAPICA)	Mental Health Services	714) 636-9095	12912 Brookhurst St, Suite 410 Garden Grove, CA 92840	Monday – Friday: 8 a.m. – 5 p.m.
Wellness Center Central*	Services offered include housing, employment, and peer mentoring	(714) 361-4860	401 S. Tustin St. Orange, CA 92866	Monday – Thursday: 9 a.m. – 5 p.m. Friday: 9a.m. – 8 p.m. Saturday: 9 – 5 p.m.
Western Youth Services	Specialized services for youth and families to enrich mental health and wellness	(714) 871-5646	505 N. Euclid Ave. Anaheim, CA 92801	Monday – Thursday: 8 a.m. – 7 p.m. Friday: 8 a.m. – 5 p.m.

Orange County Mental Health Hotlines

Hotline Services

OC Crisis Hotline	Suicide/Mental Health Hotline	(877) 7-CRISIS	24 hours a day, 7 days a week
OC Links	Behavioral health services and information referral line	855-OC LINKS (855) 625-4657	Monday – Friday: 8 a.m. – 6 p.m.
NAMI OC Warmline	Personal mental health hotline	(714) 991-6412	Monday – Friday: 9 a.m. – 3 p.m. Saturday – Sunday: 10 a.m. – 3 p.m.
National Suicide Prevention Lifeline	National suicide/mental health hotline	English: (800) 273-8255 Español: (888) 628-9454	24 hours a day, 7 days a week
Suicide Survivor Bereavement Support Groups	Support for survivors after suicide	(714) 547-0885	24 hours a day, 7 days a week
Trevor Line (LGBTQ)	Confidential suicide hotline	(866) 488-7386	24 hours a day, 7 days a week

* (Note: Wellness Center West program is funded by the Orange County Health Care Agency)



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California's Mental Health Movement

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Recursos de Salud Mental a Bajo Costo en el Condado de Orange

Organización	Servicios	Teléfono	Dirección	Horario
Didi Hirsch Mental Health Services	Grupos de apoyo para sobrevivientes de intentos de suicidio y para personas que han sufrido la muerte de un ser querido por causa del suicidio	(714) 547-0885 0 (877) 722-4747	2021 East 4th Street Suite 204 Santa Ana, CA 92705	Lunes – viernes: 9 a.m. – 5 p.m.
Mentally III Multi-Service Center	Servicios y programas de apoyo para la salud mental	(714) 668-1530	2416 S. Main St. Santa Ana, CA 92707	Lunes – domingo: 6 a.m. – 4 p.m.
NAMI Orange County	Servicios, educación y recursos para familias y personas afectadas por enfermedades mentales	(714) 544-8488	1810 E. 17th St. Santa Ana, CA 92705	Lunes – viernes: 9 a.m. – 5 p.m.
Wellness Center Central	Servicios de apoyo de vivienda, empleo y mentores entre compañeros	(714) 361-4860	401 S. Tustin St. Orange, CA 92866	Lunes – viernes: 9 a.m. – 5 p.m. Jueves: 9 a.m. – 7 p.m.
Western Youth Services Anaheim	Servicios especializados para jóvenes y familias para el enriquecimiento y bienestar mental	(714) 871-5646	131 W. Midway Dr. Anaheim, CA 92805	Lunes – viernes: 8 a.m. – 5 p.m.

Líneas Telefónicas de Ayuda para la Salud Mental en el Condado de Orange

Línea			
OC Crisis Hotline	Línea de asistencia para la salud mental y prevención del suicidio	(877) 7-CRISIS	24 horas al día, 7 días de la semana
OC Links	Línea de referencia/información para servicios de salud del comportamiento	855-OC LINKS (855) 625-4657	Lunes – viernes: 8 a.m. – 6 p.m.
NAMI OC Warmline	Línea de asistencia para la salud mental	(714) 991-6412	Lunes – viernes: 9 a.m. – 3 p.m. sábado y domingo: 10 a.m. – 3 p.m.
Red Nacional para la Prevención del Suicidio (24/7):	Línea de ayuda a nivel nacional para la salud mental y prevención del suicidio	(888) 628-9454	24 horas al día, 7 días de la semana
Suicide Survivor Bereavement Support Groups	Línea de apoyo para personas que han perdido un ser querido por causa del suicidio	(888) 628-9454	24 horas al día, 7 días de la semana

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